

The FELDENKRAIS® PROJECT

Dozens of quality ATM class recordings, 100% donor-supported, no signup or login

JUST PRESS PLAY!



I'm Nick Strauss-Klein, a *Feldenkrais* practitioner in St. Paul, MN, and the creator of The Feldenkrais Project. I have taught thousands of hours of classes and I publish my best recordings online. My vision? Spreading the benefits of *Feldenkrais* study and elevating awareness of the *Feldenkrais Method*® by making great ATMs available with a low barrier to study. I use a free will donation model and simple streaming technology so anyone can study *Feldenkrais*, anytime, anywhere!

WHY THIS MATTERS

“Thank you for your philosophy of sharing ATM with everyone. Without your graciousness to make your course available to the Internet without any upfront cost, I would have never discovered Feldenkrais. This has literally changed the way I look at life and how I live within my body. I cannot thank you enough.”

- JR, software developer, online student, \$100 donor

“These are really outstanding lessons.

I've been doing ATM for almost 40 years; the use of the fit in your version of the pelvic clock, your reworking of the spine like a chain lesson is outstanding.”

- Richard, 71, actor, online student, \$50 donor

WHAT WE OFFER

- Creative, articulate, and dynamic ATM lessons
- Excellent audio quality, edited for flow and content with the home user in mind
- Lessons in series, each with a unique link, description, notes, and comments
- An easy home study resource for your students
- New teaching possibilities for you
- More people doing *Feldenkrais* at home = more people wanting to work with you!

WHAT PRAX SAY

Thank you for your awesome lessons! I love getting inspiration for teaching ATM from new sources!

- Darcia Dexter, GCFP

I've been sending my clients to your site for your recordings. Thank you very much! Yours are excellent.

-Patti Holman. GCFP and ABM for children

SIMPLY PUT YOUR PHONE, TABLET, OR LAPTOP ON THE FLOOR AND VISIT

www.FELDENKRAISPROJECT.com

Have a listen, enjoy a lesson! Spread the word in your classes and on social media!
Support the project with a donation if you share my vision of *Feldenkrais* for all.